



European
Association for
Physician Health



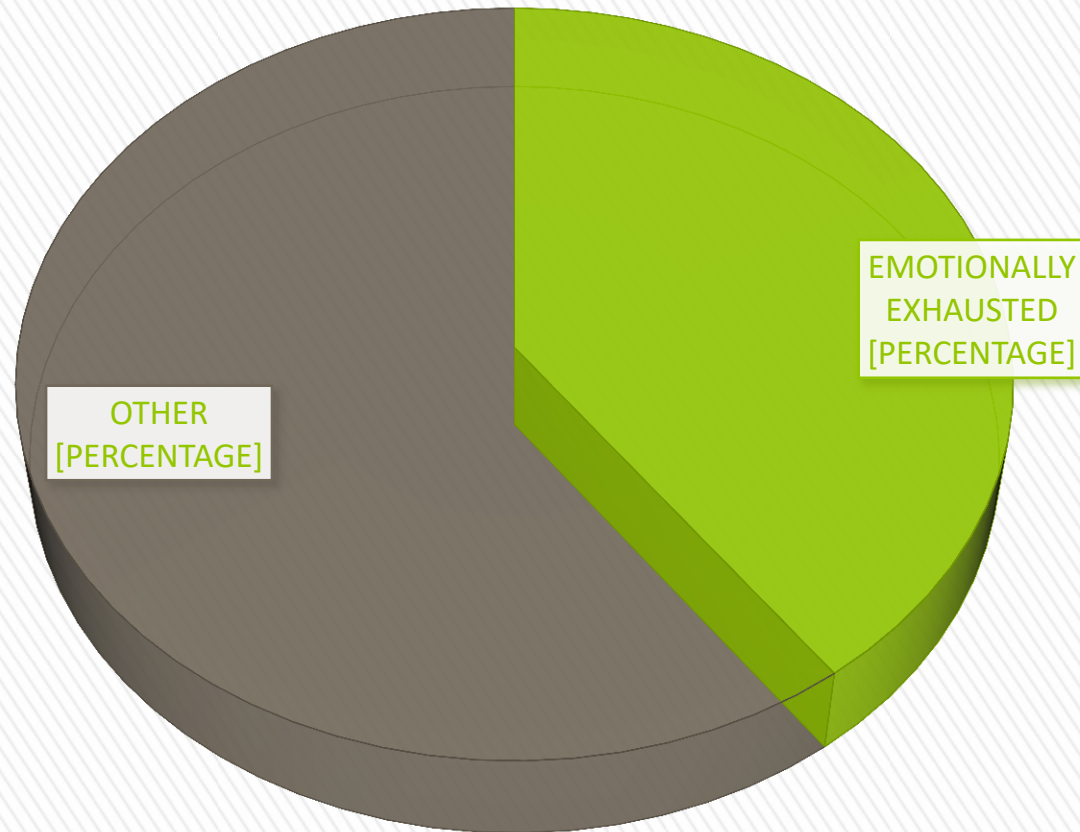
'Physician in distress': approach & 1st results

Dr. M. Bafort – Mr. K. Matton
Belgium

Being a doctor and staying a person

April, 24&25th 2017 - Paris

EMOTIONAL EXHAUSTION OF PHYSICIANS IN HOSPITALS



*Research University of Leuven & IDEWE
2012: 1198 physicians in hospitals



Assistant Physicians

» Assistant specialist physicians (hospitals)

- > Work on average 67,6 h/week*
- > 8% have a burn-out*

» Assistant generalist physicians

- > 30% have a risk of burnout**
- > 8% have a burn-out**
- > 16% has already thought about stepping out of medicine**

* Research KULeuven 2016 (Prof. Godderis):
200 Assistant Specialists

** Research KULeuven 2016 (Masterthesis by ATRTCHINE-KACHI
Zahra): 498 Assistant Generalists in Flandres



Evolution since 1890

» Emotional and mental pressure



» Physician with mental problems = TABOO



» Physician does not ask for help



Objectives

» Belgian physicians with psychic-social problems



Organisation

- » Project of national council of the College of Physicians in Belgium
- » 1 national project coördinator
- » 50 physicians of 'reference'
- » Supervising committee
- » No link with disciplinary role
- » Total discretion
- » 'Social' support possibility at provincial College level:
 - > Bruxelles & Brabant Wallon (Frenchspeaking): social (2015)
 - > CPEM (Liège) – Solimed (Hainaut) : financial



MEDECINS
EN
DIFFICULTE

CONFIANCE
AIDE
COMPÉTENCE

Accueil

Compétence et prévention ▾

Aide

Contact



LIEU DE CONFIANCE ET D'AIDE PSYCHOLOGIQUE DESTINÉE AUX MÉDECINS

Pour obtenir de l'aide ou partager des connaissances, téléphonez au numéro gratuit ☎ 0800 23 460

Compétence et prévention

MÉDECINS EN DIFFICULTÉ est un
centre de connaissance destiné tant

Aide ▸

MÉDECINS EN DIFFICULTÉ propose
une plate-forme pluridisciplinaire à
laquelle les médecins ont des

Contact ▸

MÉDECINS EN DIFFICULTÉ est un
point de contact central pour les
médecins confrontés à des problèmes



HELP & INFO

CONTACT

» Free national tel. number

0800 23 460

Numéro central gratuit

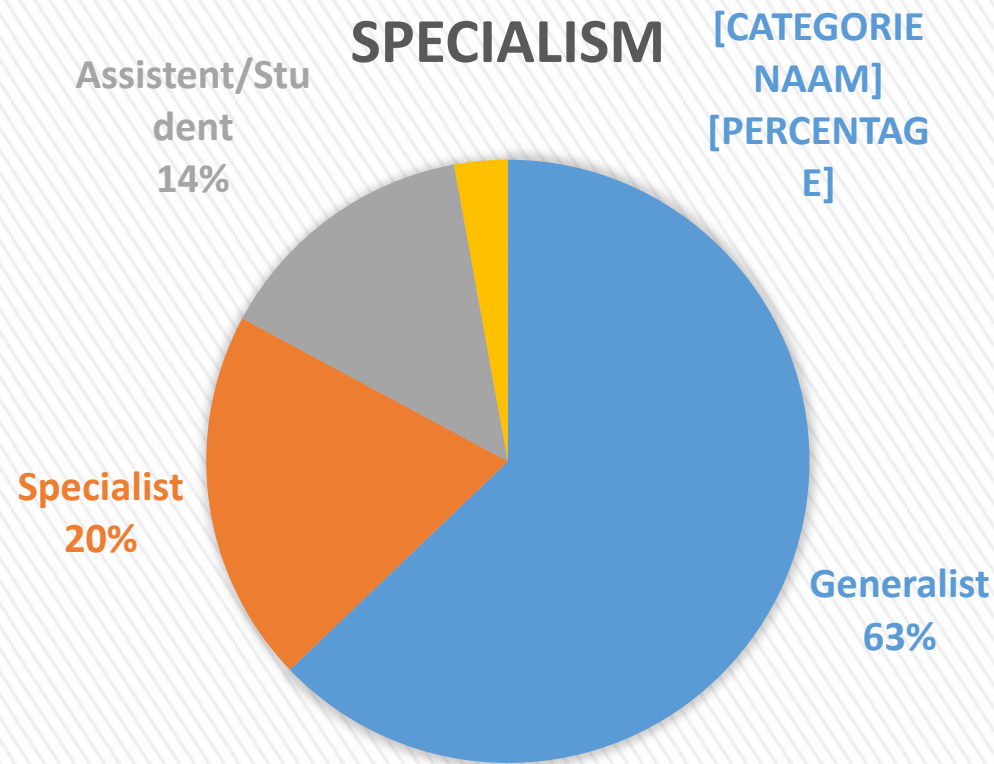
- » info@artsinnood.be
info@medecinsendifficulte.be
- » www.medecinsendifficulte.be
www.artsinnood.be

AIDE & INFO

CONTACT

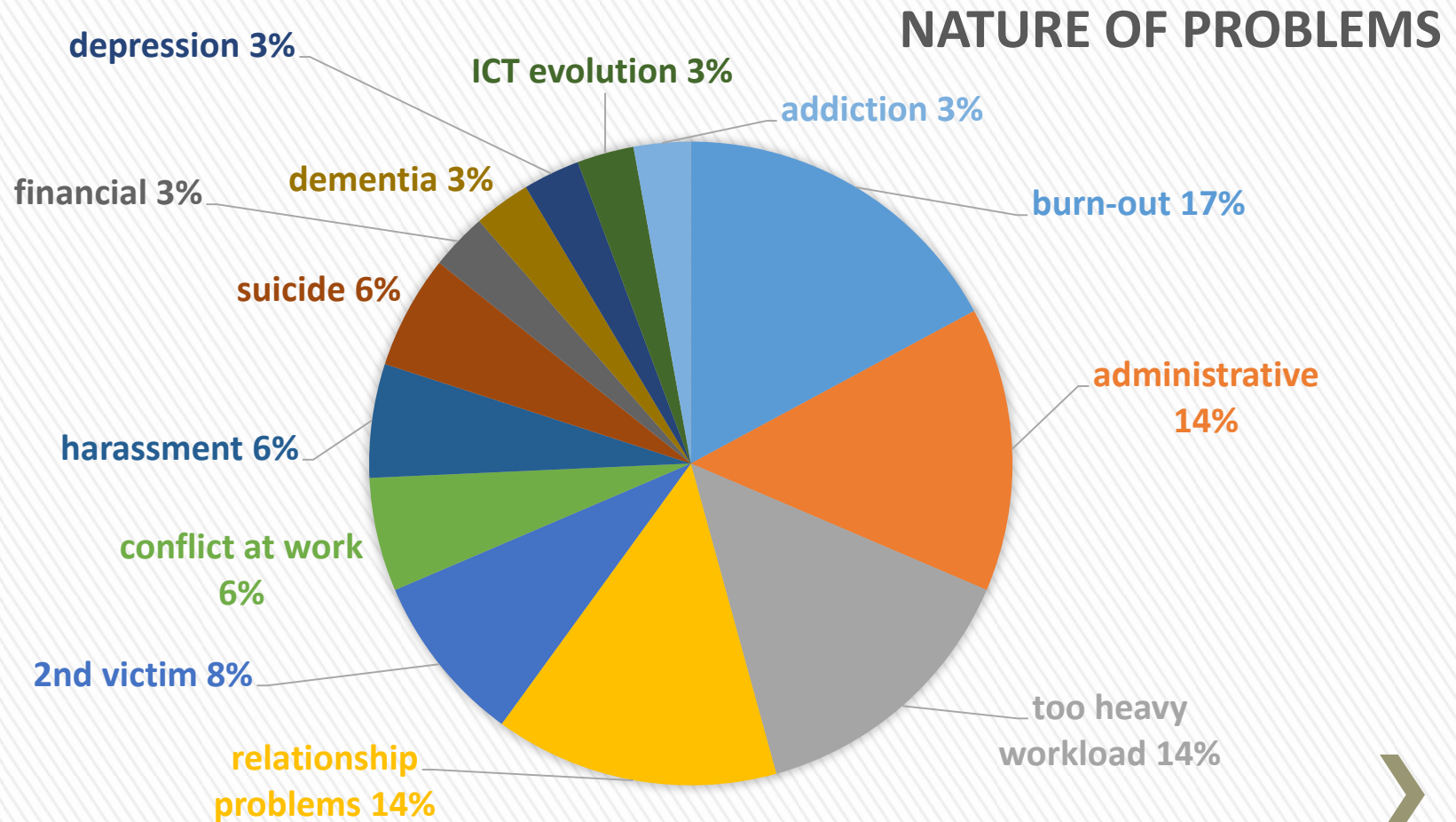


National results since Nov 2016



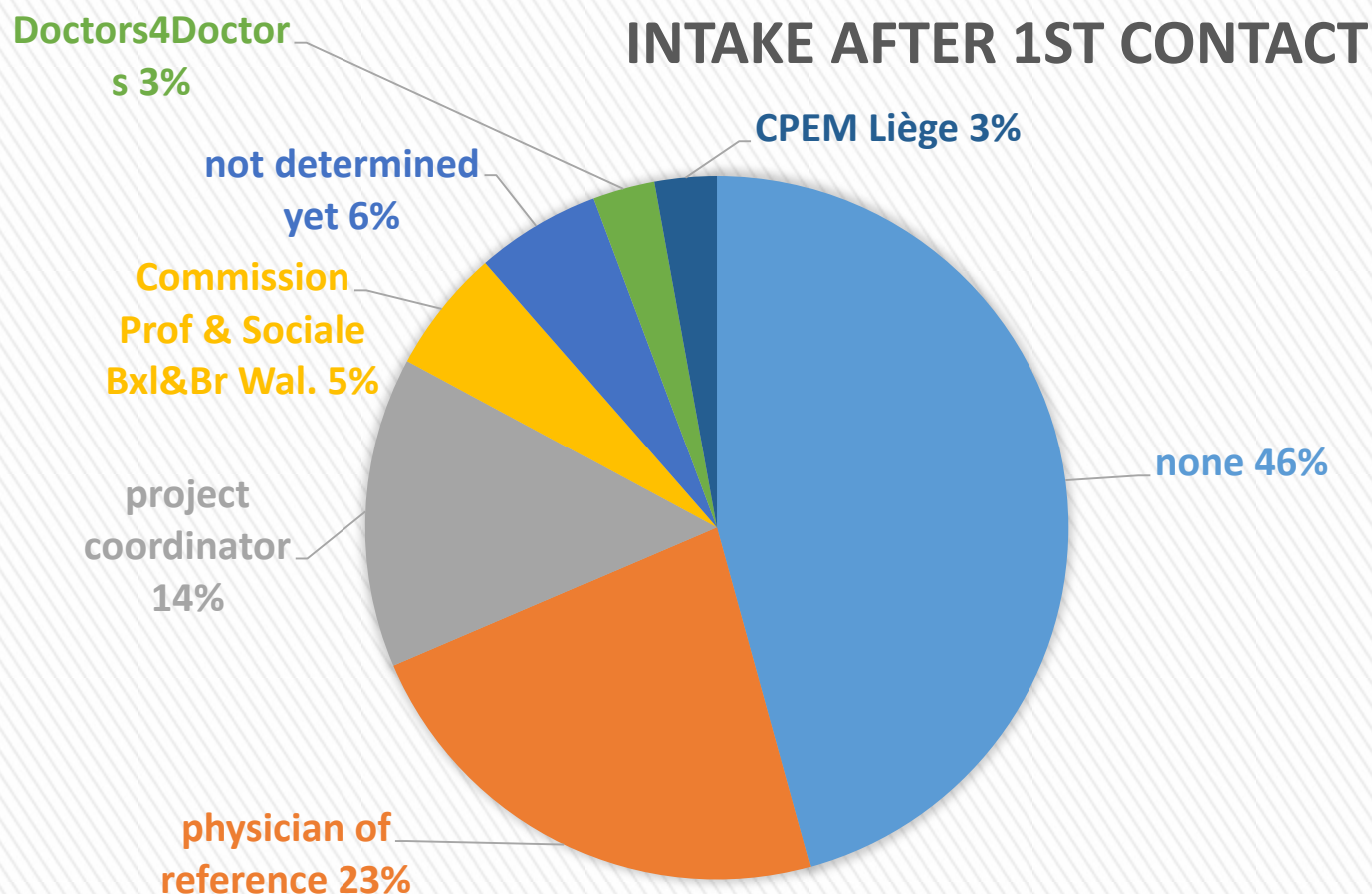
26/10/16 – 20/04/17 : 35 demands for help at national contact point level

National results since Nov 2016

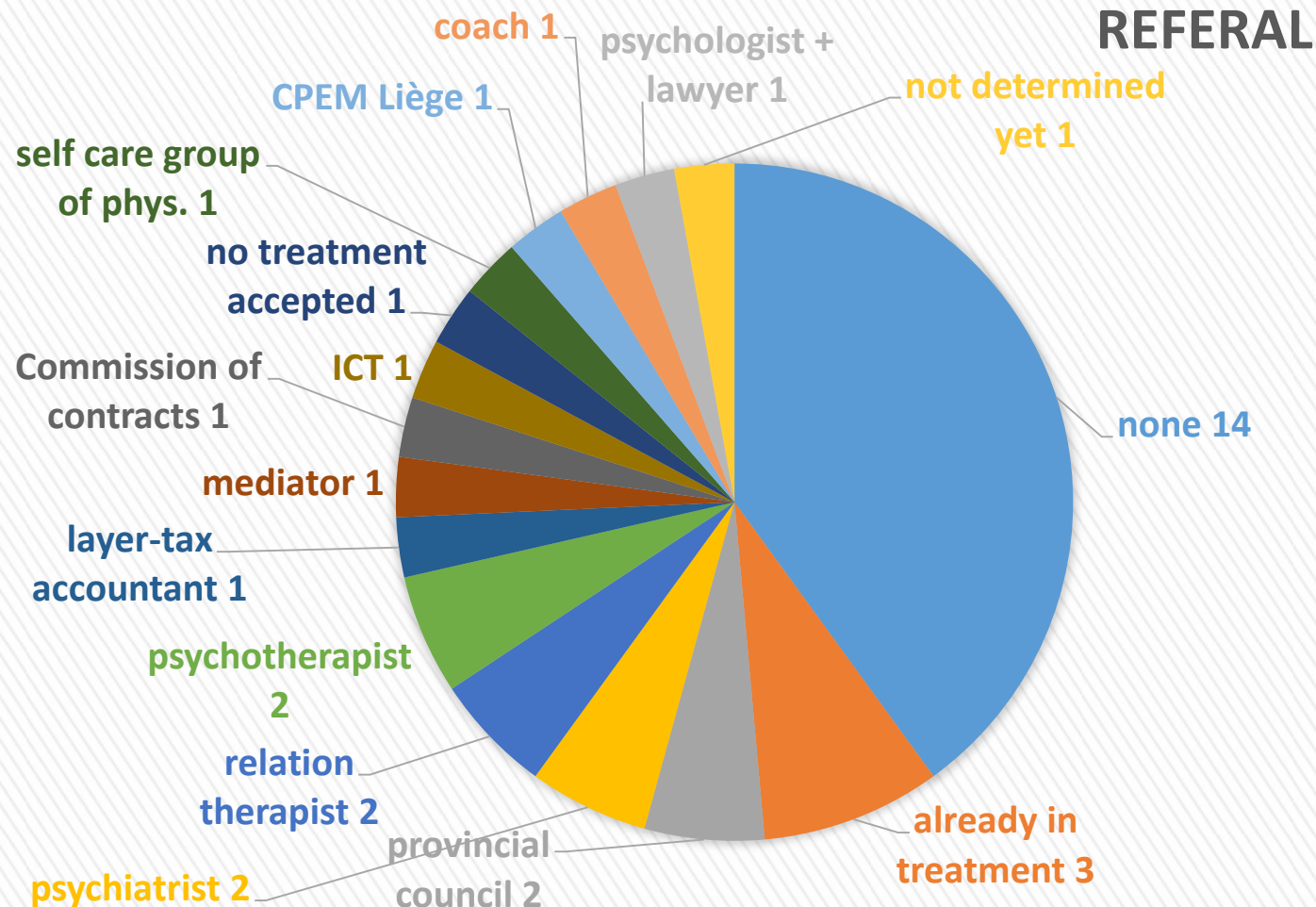


26/10/16 – 20/04/17 : 35 demands for help at national contact point level

National results since Nov 2016



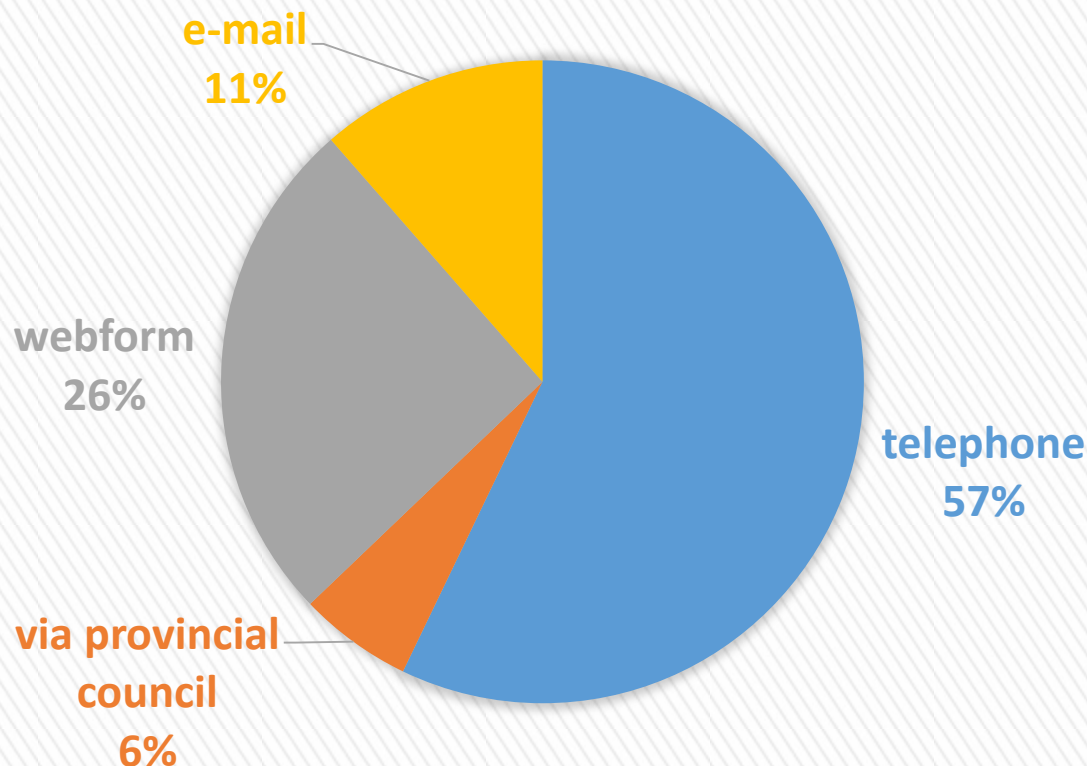
National results since Nov 2016



26/10/16 – 20/04/17 : 35 demands for help at national contact point level

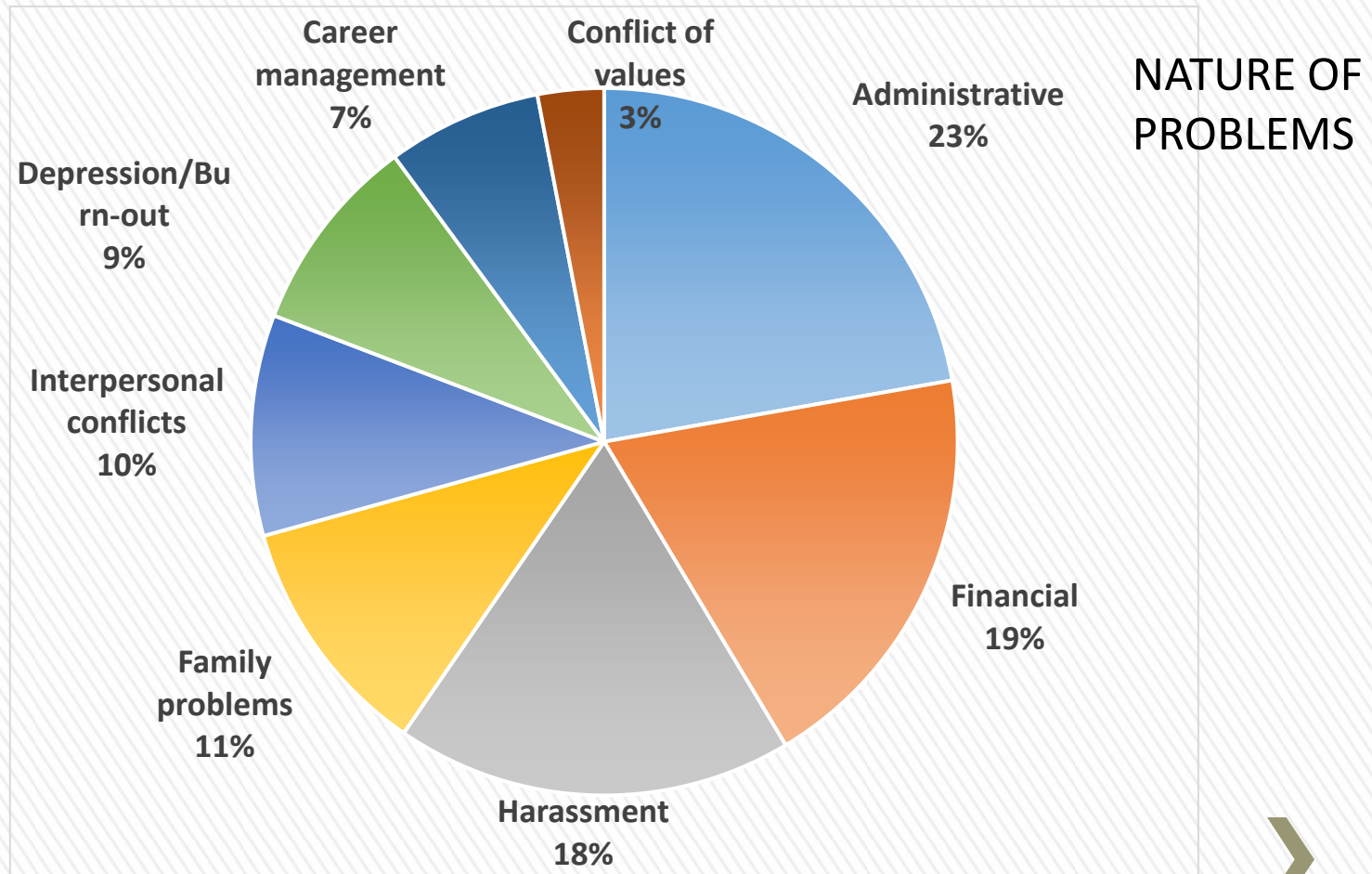
National results since Nov 2016

MEDIUM OF 1ST CONTACT



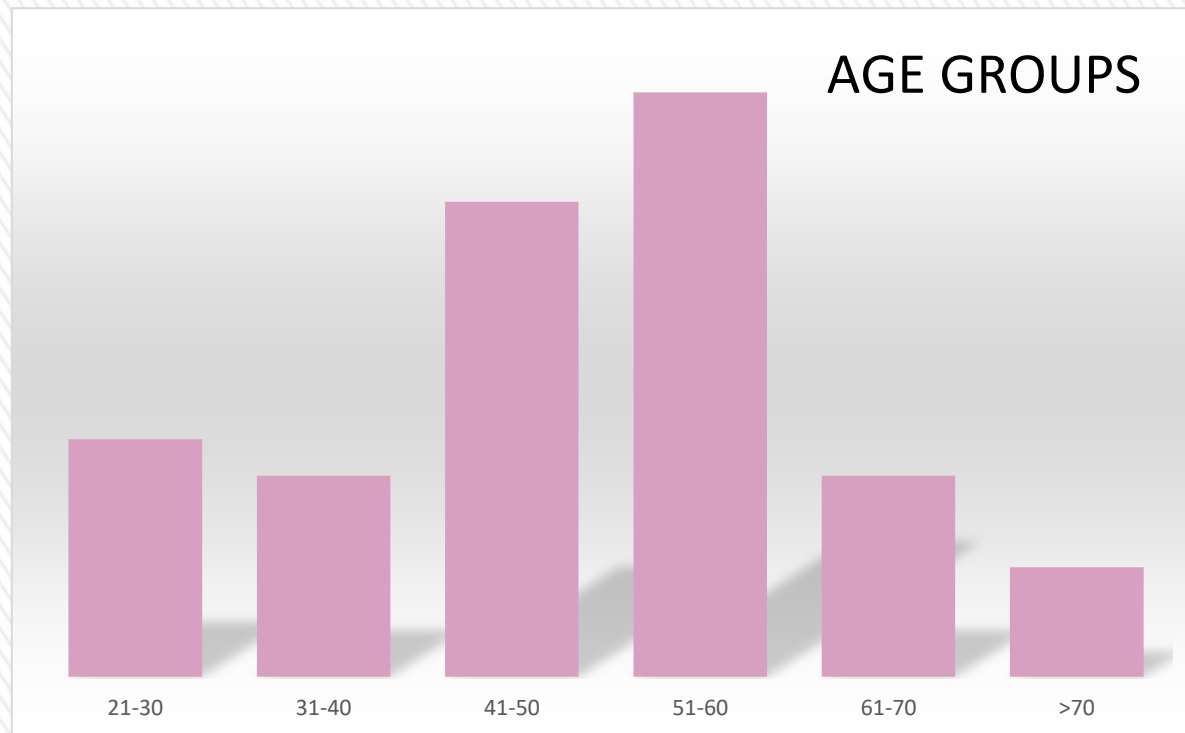
26/10/16 – 20/04/17 : 35 demands for help at national contact point level

Results provincial College Bruxelles & Brabant Wallon*



*COMMISSION PROFESSIONELLE ET SOCIALE
STATISTICS CPS : 01/09/2015 - 20/03/2017: 99 demands for help

Results provincial College Bruxelles & Brabant Wallon*



*COMMISSION PROFESSIONNELLE ET SOCIALE

STATISTICS CPS : 01/09/2015 - 20/03/2017: 99 demands for help





MEDECINS
EN
DIFFICULTE

CONFIANCE
AIDE
COMPÉTENCE

TOGETHER TOWARDS
THE FUTURE