

# Doctoring as leadership

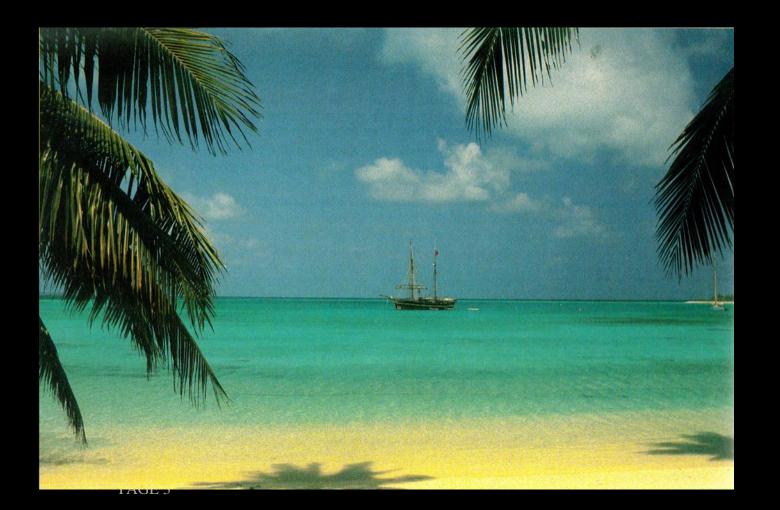
## Practical wisdom in medical relations

Edvin Schei





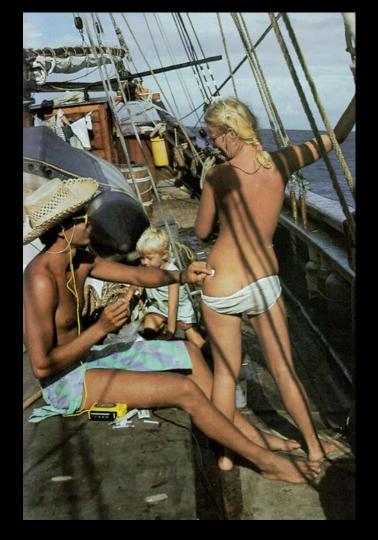












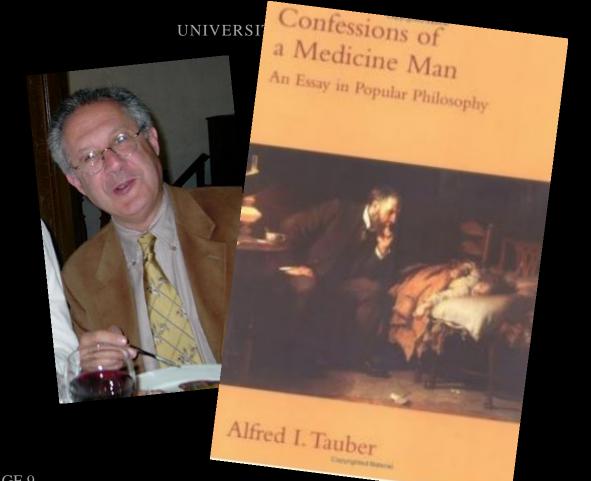




#### UNIVERSITY OF BERGEN





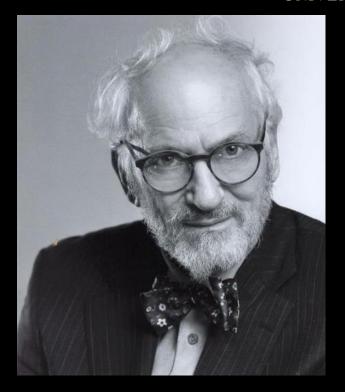


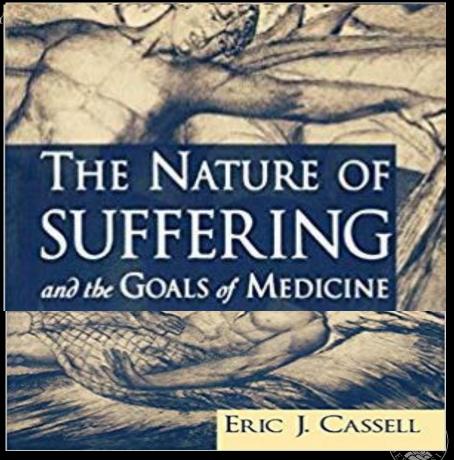


#### UNIVERSITY OF BERGEN



#### UNIVERSITY



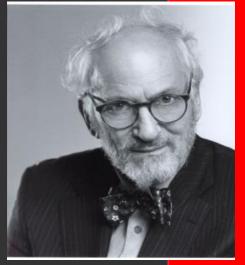


#### UNIVERSITY OF BERGEN



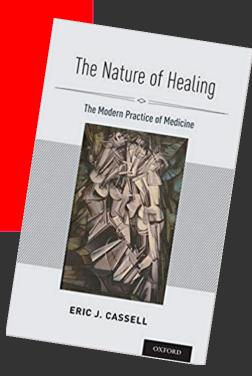


## The Nature of Healing



The Modern Practice of Medicine

Eric Cassell
Oxford University Press, 2012





## Patients visited by 1st-year students:

- 1. Woman 29, PhD in biology, colonic cancer, currently receiving palliative care, expecting to die within 2 months. Recently married, no children.
- 2. Man 42, kidney failure, on dialysis, waiting for his third kidney transplant. Married, 2 teenage boys. Spends 4 days a week in hospital, severe fatigue, depression.
- 3. Man 38, previous artistic career, now chronic alcohol problems after surviving car accident where son was killed, feelings of guilt.
- 4. Man 89, blind after mistake made by ophthalmologist. Previous small business owner. Helped by wife with heart failure and light dementia.

# Stretching the Comfort Zone: Using Early Clinical Contact to Influence Professional Identity Formation in Medical Students

Edvin Schei<sup>1</sup>, Hannah Sofie Knoop<sup>2</sup>, Malene Nordal Gismervik<sup>2</sup>, Maria Mylopoulos<sup>3</sup> and J Donald Boudreau<sup>4</sup>

<sup>1</sup>Department of Global Public Health and Primary Care, Center for Medical Education, University of Bergen, Bergen, Norway. <sup>2</sup>Faculty of Medicine, University of Bergen, Bergen, Norway.

Journal of Medical Education and Curricular Development Volume 6: 1–6 © The Author(s) 2019 Article reuse guidelines: sagepub.com/journals-permissions DOI: 10.1177/2382120519843875



Journal of Medical Education and Curricular Development, 2019

"Although I have some experience, this was something completely new. I have never been required to ask patients about their illness, and the feelings and thoughts about such things. [. . .] Therefore, I was incredibly excited and nervous ahead of this meeting."

"At first I was very self-conscious, thinking about whether I appeared listening enough, how does one actually look interested? I chose a nodding strategy, while trying to produce a concerned look on my face. As if I were gravely considering the patient's situation."

"He had barely had time to shake our hands before he began to expound on some of the most personal things in their lives. It impressed me that the patient trusted us so much, but it also scared me a bit."

though it wouldn't have been professional."

because that would have been human, even

"I wish I'd put my hand on the woman's shoulder

## PASKON – meeting Trond

## Lytt!

Pasientkommunikasjon fra start i legestudiet

## Wisdom in medicine

#### Try to

- > understand what sickness and anxiety do to people
- > understand what «help» is
- > understand yourself
- > understand health as a product of body and culture
- > understand how science and technology can be put to good use
- > remain a learning human being
- > use your own judgment
- > listen to others
- > forgive yourself when you fail
- > find the courage to try again